

# Deepening Circle

## *Behold! Then Share the Presence of LOVE*

Easter Pentecost 2024

Jesus' death and resurrection becomes a pattern for our own spiritual evolution. As we die to all the old narratives, beliefs, and assumptions that keep us tied to our small, egotistical selves, we are raised up into a larger, broader, and more encompassing self - an Easter self of cosmic proportions, motivated, not by fear and self-centeredness but by the deeper Self that knows its Infinite capacity for Love, an agent of sacred, evolutionary intelligence, capable of being a source of new life, and the presence of a love that is always rising up in the service of life.

Bruce Sanguine, *If Darwin Prayed*

Given the primacy of love, if we have only one choice to make today, let us choose to love, let us seek love in all aspects of our lives. If Love is really the truth of our existence and the truth of God, then let us breathe in the pain of the world and breathe out the goodness of love, letting go in love, from the simplest act of gratitude, to caring for another, or perhaps sharing our lives with a stranger in need - or better yet - loving our enemy.

For every act of love is an [incarnation] of God, and when God is born through our lives, heaven unfolds on earth. What more do we need than the power of love to turn the tears of this world into a heartfelt song that endures beyond space and time?

Ilia Delio, *The Primacy of Love*



Let us try to imagine the new human being,  
one with unitive consciousness,  
living from the Self that sees beyond separateness  
living the mind and heart of the risen Christ.

What words, phrases, or images describe the new person?  
What characteristics will be both descriptive and essential?  
What will relationships look like?  
How will institutions look and what will they be about?  
What will life on planet Earth look like  
when the new consciousness takes hold?



### **The Servant Girl at Emmaus** (A Painting by Velázquez)

She listens, listens, holding her breath.  
Surely that voice is his—the one who had looked at her,  
once, across the crowd, as no one ever had looked?  
Had seen her? Had spoken as if to her?

Surely those hands were his,  
taking the platter of bread from hers just now?  
Hands he'd laid on the dying and made them well?  
Surely that face—?

The man they'd crucified for sedition and blasphemy.  
The man whose body disappeared from its tomb.  
The man it was rumoured now, some women  
had seen this morning, alive?

Those who had brought this stranger home to their table  
don't recognise yet with whom they sit.

But she in the kitchen, absently touching  
the winejug she's to take in,  
a young Black servant intently listening,

swings round and sees  
the light around him  
and is sure.

Denise Levertov

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People who seek awakened connections with others, learn to look, listen, and feel with the whole body; they learn to use their entire nervous system to tune in to the other. When we are fully engaged, we pick up a lot more information about the physical, emotional, mental, and relational (PEMR) interconnection. People who seek awakened connection with others can practice the art of staying conscious and attuned with what's happening within themselves and within the other, fine-tuning their ability to sense coherence or incoherence in the connection.

People with the developed capacity to create space to receive others can help support others in the regulation and relaxation of their own interior states. This is healing, enhancing a sense of togetherness and belonging. Thomas Heubl

Let all live life, love deeply; need little, give much, be thankful, laugh & sing, dance and pray. Be an act of kindness everyday.

Kathy Sherman, CSJ